

PMP® – Project Management Professional (2026 ECO)

Lead projects across predictive, agile and hybrid approaches, and prepare for the new PMP exam with 35 contact hours.

DURATION

4 days · 35 hours

LEVEL

Advanced

CURRICULUM

15 modules · 7 labs

DELIVERYLive online, Classroom,
Onsite, Corporate

Course overview

The PMP is the most widely recognised project management certification in India and the Gulf, and it changed in July 2026 when PMI introduced a new exam based on the 2026 Exam Content Outline. The exam now weights People at 33%, Process at 41% and Business Environment at 26%, and it continues to mix predictive, agile and hybrid approaches throughout. This four-day course is built around that outline.

To apply for the PMP you need 35 contact hours of project management education alongside your project experience. This course provides those 35 hours, and on completion you receive a certificate of attendance you can reference in your application.

Day one establishes the foundations: the project environment, value delivery, development approaches and tailoring, and how to choose between predictive, agile and hybrid ways of working. Day two focuses on people: building and leading teams, stakeholder engagement, communication, conflict, coaching and servant leadership. Day three covers process: scope, schedule, cost, quality, resources, procurement, risk and change, comparing how each is handled in different approaches. Day four looks at the business environment, including strategy, benefits, governance, compliance and organisational change, and finishes with exam strategy and a timed mock exam.

The PMP exam is situational: most questions describe a project problem and ask what a project manager should do. Every module therefore ends with scenario questions and a discussion of why one answer is better than the alternatives. You will also work through short case exercises, such as tailoring an approach, building a risk response and handling a stakeholder conflict.

This course is aligned to the PMP exam as published by PMI. Always confirm eligibility rules, the current outline and exam fees on the PMI website before applying.

Highlights

- 35 contact hours of live project management education
- Aligned to the 2026 PMP Exam Content Outline
- Predictive, agile and hybrid approaches side by side
- Scenario-question practice every day
- Guidance on the PMI application and audit process
- Full-length mock exam with review

What's included

- 35 contact hours to meet the PMP education requirement
- Trainer with real project delivery experience
- Plan aligned to the 2026 Exam Content Outline
- Predictive, agile and hybrid techniques compared
- Daily scenario-question practice with explanations
- Help with the PMI application and audit preparation
- Full-length timed mock exam with review

- Course completion certificate from Ace Skills Consulting

Who this course is for

Who should attend

- Project managers and project leads
- Programme and delivery managers
- Team leads and technical leads managing projects
- Scrum Masters and product owners working in hybrid settings
- Consultants and PMO professionals

Prerequisites

- Project experience leading or directing projects, as required by PMI for the PMP
- PMI requires 35 contact hours of project management education, which this course provides

Detailed curriculum — 4 days, 35 hours, 15 modules, 7 hands-on labs

Day 1 Foundations, Approaches and Tailoring

9 hours

1.1 The project environment

- Projects, programmes, portfolios and operations
- Organisational structures and the PMO
- Value delivery and outcomes
- The project manager's role

1.2 Development approaches

- Predictive, iterative, incremental and adaptive
- Selecting and tailoring an approach
- Hybrid approaches

LAB Tailor a delivery approach for three project scenarios · 45 min

1.3 Project initiation

- Business case and benefits
- Identifying stakeholders
- Project charter
- Defining success criteria

LAB Draft a project charter from a case brief · 40 min

1.4 Exam orientation

- Exam structure and question types
- Practice set: foundations
- Reading situational questions

Day 2 People

9 hours

2.1 Building the team

- Team formation and development
- Virtual and distributed teams
- Team charters and ground rules
- Empowerment and self-organisation

2.2 Leadership

- Servant leadership
- Coaching and mentoring
- Emotional intelligence
- Motivation and recognition

2.3 Stakeholders and communication

- Stakeholder analysis and engagement
- Negotiation and agreements
- Communication planning

LAB Stakeholder mapping and engagement plan · 40 min

2.4 Conflict and performance

- Conflict management approaches
- Supporting team performance
- Removing impediments

LAB Conflict role-play with debrief · 35 min

Day 3 Process

9 hours

3.1 Scope and schedule

- Requirements and scope
- Schedule methods and critical path
- Work breakdown structures and backlogs
- Release and iteration planning

LAB Build a WBS and network diagram · 45 min

3.2 Cost, quality and resources

- Estimating and budgeting
- Quality management
- Earned value basics
- Resource and procurement management

3.3 Risk and change

- Risk identification and analysis
- Issue and change management
- Risk responses
- Integrated change control vs backlog refinement

LAB Build a risk register and response plan · 40 min

3.4 Monitoring and closing

- Performance measurement
- Project closure
- Lessons learned and knowledge transfer

Day 4 Business Environment and Exam Readiness

8 hours

4.1 Strategy and value

- Strategic alignment
- Value and outcome measurement
- Benefits realisation

4.2 Governance and compliance

- Project governance
- Organisational change management
- Compliance requirements
- Sustainability and external factors

4.3 Exam readiness

- Time management for 240 minutes
- Domain-wise review and study plan
- Timed mock exam

LAB Timed mock exam with review · 120 min

Skills and tools

Skills you will build



Tools used in class



Certification exam

This course is aligned to the exam below and prepares you for it. The exam itself is booked and taken with the vendor.

Exam	Project Management Professional (PMP)
Exam code	PMP
Questions	180
Duration	240 minutes
Format	Multiple choice, Multiple response, Drag and drop
Delivery	Online proctored, Test centre
Validity	3 years (renewed with professional development units)
Official page	https://www.pmi.org/certifications/project-management-pmp

Exam skill areas covered

Business Environment (26%)

Exam details are pending verification. Confirm the current exam code, format and fee on the official vendor page before booking.

Frequently asked questions

Does this course meet the 35 contact hours requirement?

Yes. The course provides 35 contact hours of project management education, and you receive a certificate of attendance to support your PMI application.

Is this course updated for the new PMP exam?

Yes. It is aligned to the 2026 Exam Content Outline used for the PMP exam since 9 July 2026.

Is the exam fee included?

No. You apply and pay for the exam directly with PMI, and the fee differs for PMI members and non-members.

What if my application is selected for audit?

We explain what PMI may ask for and how to keep records of your experience and education ready.

Do you run weekend batches?

Yes. Weekend batches deliver the same 35 hours over consecutive weekends.

Book a batch or talk to an advisor

Course page: aceskillsconsulting.com/course/pmp-project-management-professional · Email: info@aceskillsconsulting.com

Chennai office

Guindy, Chennai, Tamil Nadu

Delhi office

B-95, Old Post Office Street, Shakarpur

New Delhi 110092

Office: 98180 12523

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Curriculum generated on 23 Oct 2026; topics and order may be adjusted by the trainer to suit each batch.