

Professional Scrum Master™ I (PSM I)

Understand Scrum deeply enough to explain, apply and defend it, and prepare for the PSM I assessment.

DURATION

2 days · 16 hours

LEVEL

Beginner

CURRICULUM

7 modules · 3 labs

DELIVERY

Live online, Onsite,
Corporate

Course overview

PSM I is known for testing a precise understanding of Scrum as described in the Scrum Guide. Many people who use Scrum at work find the assessment harder than expected, because everyday practice often drifts from the framework. This two-day course helps you understand Scrum accurately and apply it with good judgement.

Day one focuses on Scrum theory and the framework: empiricism, Lean thinking, the Scrum values, the three accountabilities, the five events and the three artefacts with their commitments. We read key passages of the Scrum Guide closely and discuss why each element exists. Day two turns to the Scrum Master stance: facilitation, coaching, teaching and supporting self-managing, cross-functional teams, along with product value, the definition of done, technical considerations and scaling. It ends with assessment preparation.

Exercises include a simulated sprint, an analysis of common misunderstandings and anti-patterns, facilitation practice and a series of scenario questions modelled on the style of the assessment. The trainer explains the reasoning behind each answer with reference to the Scrum Guide.

This course is aligned to the PSM I assessment from Scrum.org. The assessment is taken online and is not tied to attending a particular course; confirm current details and fees on the Scrum.org website.

Highlights

- 16 hours of live, interactive sessions
- Close reading of the Scrum Guide
- Simulated sprints and facilitation practice
- Practice questions on tricky Scrum scenarios
- Preparation for the PSM I assessment

What's included

- Trainer with practical Scrum Master experience
- Close study of the Scrum Guide
- Simulated sprint and facilitation practice
- Scenario questions with Guide-based explanations
- Assessment preparation and study plan
- Course completion certificate from Ace Skills Consulting

Who this course is for

Who should attend

- Scrum Masters and aspiring Scrum Masters
- Team members in Scrum teams
- Project managers and team leads adopting Scrum
- Agile coaches wanting a structured refresher

Prerequisites

- No formal prerequisites
- Read the Scrum Guide before the course

Detailed curriculum — 2 days, 16 hours, 7 modules, 3 hands-on labs

Day 1 Scrum Theory and Framework

8 hours

1.1 Theory and values

- Empiricism and its pillars
- Scrum values
- Lean thinking

1.2 Accountabilities

- Product Owner
- Developers
- Scrum Master
- Self-managing, cross-functional teams

1.3 Events and artefacts

- The sprint and its events
- Sprint backlog and sprint goal
- Product backlog and product goal
- Increment and definition of done

LAB Simulated sprint with debrief · 60 min

Day 2 Scrum Master Stance and Assessment Readiness

8 hours

2.1 Scrum Master stances

- Teaching, facilitating and coaching
- Serving the organisation
- Supporting self-management

LAB Facilitation practice: sprint planning and retrospective · 45 min

2.2 Value and quality

- Product value and empiricism
- Scaling and multiple teams
- Definition of done and technical debt

2.3 Common misunderstandings

- Anti-patterns in practice
- Myths about Scrum

LAB Scenario question workshop · 45 min

2.4 Assessment readiness

- Assessment format and strategy
- Practice assessment and review

Skills and tools

Skills you will build

Scrum

Scrum Guide

Empiricism

Scrum events

Scrum artefacts

Facilitation

Coaching

Self-managing teams

Definition of done

Tools used in class

Miro

Scrum boards

Certification exam

This course is aligned to the exam below and prepares you for it. The exam itself is booked and taken with the vendor.

Exam	Professional Scrum Master I (PSM I)
Exam code	PSM I
Questions	80
Duration	60 minutes
Passing score	85%
Format	Multiple choice, Multiple response
Delivery	Online proctored
Validity	Lifetime (no renewal required)
Official page	https://www.scrum.org/assessments/professional-scrum-master-i-certification

Exam skill areas covered

Scrum Framework, Scrum Values, Coaching and Facilitation, Managing Teams

Exam details are pending verification. Confirm the current exam code, format and fee on the official vendor page before booking.

Frequently asked questions

Do I have to attend a course to take PSM I?

No. Scrum.org does not require course attendance, but structured preparation helps with the assessment's precise questions.

Is the assessment fee included?

Only when the batch shows the "Exam voucher included" badge. Otherwise you buy the assessment directly from Scrum.org.

How is PSM I different from CSM?

PSM I is from Scrum.org and has a demanding online assessment with no renewal. CSM is from Scrum Alliance, requires a licensed trainer and is renewed every two years.

Is the assessment open-book?

It is taken online without proctoring, but the time limit means you need to know the material well.

Book a batch or talk to an advisor

Course page: aceskillsconsulting.com/course/psm-i-professional-scrum-master · Email: info@aceskillsconsulting.com

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